

Clinic Information

By Nurses Joanne & Maria



Dear Parents,

Welcome back. Kindly visit our school clinic to update us of any changes regarding:

- Your child's health
- Any regular medication your child is taking
- Any known allergies
- Please provide us with an up to date passport photo & vaccination record copy

When to Keep Your Child Home from Nursery

It is important to balance your child's attendance with good decisions about his health. Many children suffer mild cold symptoms and are able to successfully attend the class. However, if your child is truly ill, it is important that he stays at home.

Do not give fever-reducing medicine and then send your child to the nursery, this may mask symptoms of a more serious condition.

To minimize the spread of infections please do not send your child to nursery if they have:

- A fever. Must be free from fever without the aid of medication for 24 hours.
- A skin rash with fever.
- Vomiting (not to return to nursery for 48 hours after the last vomiting episode).
- Diarrhea (not to return to nursery for 48 hours after the last episode of diarrhea).
- A heavy green nasal discharge.
- A recurrent sore throat with fever.
- Red, watery and painful eyes. Especially if there is a yellow discharge.

If your child has an infected sore or wound it must be covered by a dressing or plaster.

If your child is assessed by the Nurses and thought to be a possible source of infection to other children and staff, you will be contacted and asked to collect your child as soon as possible.

Do not leave any medication in your child's bag.

If your child requires medication during the day at the nursery all medication must be handed over to the nursing team in the original packaging, labeled correctly and a medical consent form must be signed.

Updating your Child's Vaccination Records

Kindly re-submit an updated vaccination record of your child. It is a requirement of DHA that you **re-submit** these records even if previously submitted.



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We understand that you may follow the vaccine schedule of your home country, please see below for the recommended immunization schedule of the UAE.

Age Vaccine	Birth	2 Mos	4Mos	6 Mos	12 Mos	18 Mos	5 - 6 Years
BCG	BCG						
Diphtheria, Pertusis, Tetanus		Dtap	Dtap	Dtap		Dtap	DPT
Haemophilus Influenza Type b		Hib	Hib	Hib		Hib	
Hep. B	HBV	HBV	HBV	HBV			
Polio		IPV	OPV	OPV		OPV	OPV
Pneumococcal		PCV	PCV	PCV		PCV	
Measles,Mumps,Rubella					MMR		MMR
Varicella					Varicella		Varicella

 Combined Dose  Single Dose

Healthy Eating

Providing a healthy snack for children is important to give children the energy and nutrients needed for a full and fun day of learning and to establish better and healthier habits for later stage of their lives. Include plenty of fruits, vegetables and snacks high in protein and fiber, but low in fat, salt and sugar. Please provide a refillable water bottle for your child daily.



Cut food such as grapes and other fruits, meat, cheese and raw vegetables into small pieces and shapes that cannot be wedged in the airway, blocking it.



Our nursery is a nut free zone. We don't allow any nuts or products containing traces of nuts in the nursery grounds.

Safe Shoes

Remember No Flip Flops or Crocs to be worn. **THEY ARE A TRIP HAZARD!** Shoes and sandals should be well fitting, easy to fasten and comfortable.

